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# Earth Born Love

For your special and individual needs

## **READY BAKED PRODUCTS - GLUTEN FREE**

Chia seed (310g) free of sucrose dairy tapioca potato and maize R55.00  
Rusks

## Ingredients

(rice flour, cream of tartar, baking soda, eggs, coconut oil, xylitol, himalayan salt, desiccated coconut, , xanthan gum, seeds: pumpkin, lin, sesame, sunflower, chia )

Date Rusks (310g) free of sucrose dairy tapioca potato and maize R55.00

(rice flour, cream of tartar, baking soda, eggs, coconut oil, dissicated coconut ,dates, himalayan salt , xanthan gum, seeds: pumpkin, lin, sesame, sunflower, chia )

Shortbread (125g) free of egg maize sucrose wheat and gluten R27.00  
Original / Lemon

(rice flour, potato starch, tapioca starch, ceam of tartar, baking soda, xylitol, H salt, xanthan gum, butter)

Shortbread (250g) free of egg maize sucrose wheat and gluten R48.00  
Original / Lemon

(rice flour, potato starch, tapioca starch, cream of tartar, baking soda, xylitol, H salt, xanthan gum, real butter)

Gluten free bread made with sourdough (+ - 900g) R60.00  
Bread can be frozen. Slice freeze and toast to defrost

(rice flour, teff flour, egg, coconut oil, xylitol, cream of tartar, xanthan gum, himalayan salt, sourdoug starter made with teff flour)

## **FROZEN PRODUCTS - GLUTEN FREE**

Pizza base (pack of 8) free of sucrose maize dairy wheat and gluten  
rolled to 22cm R135  
rolled to 30cm R195

(rice flour, egg, coconut oil, xanthan gum, himalayan salt)

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## **DRY MIX PRODUCTS - GLUTEN FREE**

Chocolate Brownie (280g) free of sucrose maize dairy wheat and gluten	R38.00	(rice flour, himalayan salt, xylitol, cream of tartar, baking soda, cocoa powder) <u>add: egg, butter</u>
Pancake mix (200g) free of maize dairy sucrose wheat and gluten	R28.00	(rice flour, cream of tartar, baking soda, xylitol, H salt) <u>add: egg, butter/oil, water</u>
Pie Dough mix free of maize sucrose wheat and gluten	R30.00	(rice flour, himalayan salt, xanthan gum) <u>add: egg, butter, water</u>
Banana Bread mix free of maize sucrose wheat and gluten 1 bread or 12 muffins	R38.00	(rice flour, teff flour, himalayan salt, xanthan gum, cream of tartar, xylitol) <u>add: egg, butter, water, bananas + optional</u>
Pan-bread mix (baking powder) (1 packet, 4-6 pieces depending on size and thickness)	R15.00	(rice flour, teff flour, Himalayan salt, baking soda, cream of tartar, xanthan gum) <u>add: egg, butter, water + optional</u>
Sourdough bread mix free of yeast sucrose maize dairy wheat gluten Sourdough starter included	R37.00	(rice flour, teff flour, himalayan salt, xanthan gum, cream of tartar, xylitol) <u>add: teff flour starter, egg, oil/butter, water + optional</u>
Teff flour 1kg High in protein + calcium, help to treat constipation (loaded with fibre) feed sourdough plant with teff flour	R90.00	